



# THE DEEP



For conservation, not profit.

## Sleepover Kit List and Frequently Asked Questions

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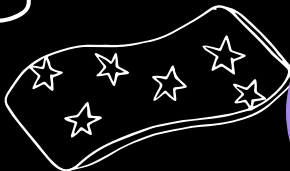
2022/2023

# Suggested Kit List



Sleepovers at The Deep are 'indoor camping', so you will need all of your bedding kit!

- **Packed supper and drink including any cutlery needed.**
- **Sleeping bag**
- **Sleeping mat**
- **Pillows**
- **Pyjamas, onesies, dressing gowns, slippers**
- **Wash bag and kit**
- **Clean clothes for the next day**
- **Deodorant (roll on only please as sprays affect our fire detection system).**
- **Medical items (to be handed to the appropriate group leader).**
- **Teddy bear**
- **Refillable water bottle. (For leaders, refillable travel mug also)**
- **Camera**
- **Spending money for the Deep-artment Store.**

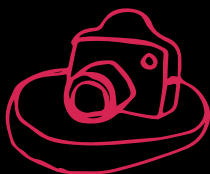


Leaders can bring camping mattresses or other bedding. The Deep has some sleeping mats available if children do not have access to them.

Supper time is generally after the guided tour, at around 8.30pm, so it is advisable that you have something to eat before arriving at The Deep. Suppers to be packed in one packing up bag/container. Don't forget to put a name on!

Onesies are great because they're good for modesty, comfort and warmth BUT the floor surface is smooth and therefore footwear is advised when walking about as feet in onesies can be slippery. The Deep's air-conditioning/heating system will be set throughout the night to a temperate level and works hard to maintain this. With such an unusual building design we find, however, that the temperature can fluctuate away from this in sleeping areas (both up and down) depending upon factors such as how busy the building has been during the day, outside prevailing temperature and where you are in the building in relation to vents/air-con units. We suggest, therefore, that you have 'layers' of clothing to hand that you can put on or take off during the night for your comfort.

**Top tip! Pack lightly and in strong bags! You may need to carry your kit to the sleeping area, which might be up stairs!**



Fridges are available if any medicine that needs to be kept in cold storage.



Flash photography is not permitted within the aquarium.



Don't forget to label all belongings with your name!



**Below are some answers to some frequently asked questions. Please do not hesitate to contact us at [events@thedeepest.co.uk](mailto:events@thedeepest.co.uk) if there is something else you would like to ask!**



### **Can coaches and cars park overnight?**

Yes, if you are sleeping over at The Deep any coaches, mini-buses or cars relating to your visit are very welcome to park on site overnight, with no charge.

### **Is there anywhere for coach drivers to sleep?**

Sorry, coach drivers cannot be accommodated at The Deep. There are many hotels nearby, including the Premier Inn (Hull City Centre) at the edge of The Deep's car park.

### **What do we have for our evening meal?**

You will need to bring a packed meal with you plus any additional biscuits and drinks for suppertime.

### **What's for breakfast?**

Cereal (usually two different types), buttered toast (with optional jam) and juice or water. Hot drinks are available, for adults only please.

Please ask The Deep Crew for details of any allergen information. If you have a child who has a dietary requirement we ask that you let The Deep know in advance. During breakfast, please make our Crew aware which guest has the dietary requirement to ensure everyone is catered for as needed.

Gluten-free bread and cereal are stocked along with dairy-free milk, however individuals are welcome to bring their own if they wish. Refrigerators are available for keeping things cool.

### **What happens in the morning?**

Your lights will be switched on at approximately 6.15am and we will be aiming for breakfast and shop visits at around 7.00am. Groups will be staggered in these areas to reduce queuing time. Breakfast will be in Castaways Café.

Breakfast and shopping aim to be finished by 8am, home time, when leaders will be required to manage pick-up appropriately, liaising with parents to make sure that children are properly collected.

### **What time do we need to arrive?**

The Deep Crew will welcome you at 6pm. Please do not arrive any earlier unless this has been pre-agreed with the Duty Manager.

### **My group includes children with access needs, can we adjust the event to suit them?**

If you have any access needs please do not hesitate to contact us. You may find The Deep's Accessibility Guide useful and this can be viewed at [www.thedeepest.co.uk/plan-your-visit/access-for-all](http://www.thedeepest.co.uk/plan-your-visit/access-for-all) and our 'Sleepover Social Story' which can be viewed at <https://www.thedeepest.co.uk/deep-experiences/sleepovers/inclusive-sleepovers>

The Deep has successfully delivered a number of accessible sleepovers and is able to adjust the itinerary by prior agreement with the group leader to suit the children's needs.

Please contact us early in your planning stages to look at ways in which we can adjust this product to suit your group's access needs.

