

# Breakfast

Served until 11 am

## BIG DEEP BREAKFAST

2 sausages, 2 bacon, 2 eggs, 2 hash browns, mushrooms, beans, tomato & toast

*Allergens: Milk, egg, wheat, gluten*

£8.95

## MAKE YOUR OWN

Choose 5 items from our servery and add a slice of toast

*Allergens: Please ask the server*

£6.95

## THE DEEP PLANT BASED BREAKFAST

2  sausages, 2  bacon, 2 hash browns, mushrooms, beans, tomato & toast

*Allergens: Wheat, gluten, soya*

£8.95

## THE DEEP BREAKFAST SANDWICH

1 sausage, 2 bacon, 1 egg, 2 hash browns

*Allergens: Milk, egg, wheat, gluten*

£4.95

## EXTRA ITEMS

£1.50

## THE PANCAKE STACK

Pancakes topped with banana & chocolate sauce

*Allergens: Milk, egg, soya, wheat, gluten*

£4.95

## THE WAFFLE STACK

Waffles topped with banana & chocolate sauce

*Allergens: Milk, egg, soya, wheat, gluten*

£4.95

## SIMPLY PANCAKES

Pancakes topped with a choice of sauce

*Allergens: Milk, egg, soya, wheat, gluten*

£4.50

## SIMPLY WAFFLES

2 waffles topped with a choice of sauce

*Allergens: Milk, egg, soya, wheat, gluten*

£4.50

## BREAKFAST SANDWICH

Choose from:

**Bacon**

**Sausage**

**Double egg**

**Plant based  sausage**

**Plant based  bacon**

£3.95

The  
Plaice

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. Please ask a member of our Crew for full ingredients list for all food made in house. We reserve the right to substitute products due to quality and supply issues. Our fryers also cook foods containing Fish/Gluten/Dairy/Egg. If you have any allergies or intolerances, questions/concerns or require our allergen information, please let a member of our Crew know before ordering.

THE DEEP  
For conservation, not profit.

# Hot Food

Served until 3pm

## THE DEEP FISH SHOP

Sage pattie, fish goujons, chips, mushy peas, bread and butter

*Allergens: Milk, egg, fish, wheat, gluten*

£11.95

## HOMEMADE PIE OF THE DAY

Served with seasonal vegetables and potatoes or chips

*Allergens: Egg, gluten, milk, soya*

£11.95

## HOMEMADE BEEF LASAGNE

Served with house salad and garlic bread

*Allergens: Milk, wheat, gluten*

£11.95

## CHEFS CURRY OF THE DAY

Served with rice or chips and garlic naan bread

*Allergens: Wheat, gluten, milk, soya, mustard*

£11.95

## PLANT BASED CHILLI CON CARNE

Served with rice or chips and garlic bread

*Allergens: Wheat, gluten*

£11.95

## PLANT BASED CURRY OF THE DAY

Served with rice or chips and garlic naan bread

*Allergens: Wheat, gluten*

£11.95

## KIDS MEALS

### CHICKEN NUGGETS

Served with chips and beans

*Allergens: Nil*

£5.50

### FISH GOUJONS

Served with chips and beans

*Allergens: Milk, egg, fish wheat, gluten*

£5.50

### MAC AND CHEESE

Served with garlic bread

*Allergens: Wheat, gluten, milk*

£5.50

### JACKET POTATO

With cheese, beans or coleslaw

*Allergens: Ask for specific allergens*

£5.50

### SAUSAGE

Served with chips and beans

*Allergens: Wheat, sulphites*

£5.50

# Hot Food

Served until 3pm

## JACKET POTATOES

Served with side salad and coleslaw  
Allergens: Milk, egg

£5.50

Extra toppings:

**BAKED BEANS** Allergens: Nil

All £1.50

**CHEESE** Allergens: Milk

**COLESLAW** Allergens: Egg

**PLANT BASED  MOZZERELLA** Allergens: Soya

**CURRY** Allergens: Milk, wheat, mustard, soya

All £2.50

**BBQ PULLED PORK** Allergens: Wheat, gluten, sulphites

**PLANT BASED  CHILLI** Allergens: Soya

**PLANT BASED  CURRY** Allergens: Wheat

## HOT SANDWICHES

£9.95

Served in ciabatta bread with chips and side salad

Choose from:

**BBQ PULLED PORK** Allergens: Wheat, gluten, mustard

**SOUTHERN FRIED CHICKEN** Allergens: Wheat, gluten

**SAUSAGE & CARMELISED RED ONION**

Allergens: Sulphites, wheat, gluten

**PLANT BASED  MEATBALLS** Allergens: Wheat, gluten

## LIGHT BITES AND SIDES

**SOUP OF THE DAY** Served with crusty roll and butter

£4.50

Allergens: Ask for specific allergens

**CHIP BUTTY** Served in a crust roll

£3.95

Allergens: Wheat, gluten, milk

**PORTION OF CHIPS**

£2.95

Allergens: Nil

**GARLIC BREAD**

£2.00

Allergens: Wheat, gluten

**ONION RINGS**

£2.50

Allergens: Wheat, gluten (cooked in oil that may contain fish, egg and milk)

# Cold Bites

## CHILLED SANDWICHES

See individual packaging for prices and allergens

Cheese and red onion chutney

Egg and tomato

Chicken tikka and mango chutney

Coronation chicken

Turkey / beef salad

Plain ham / cheese / turkey

Daily specials

From £3.00

## SALADS

See individual packaging for allergens

Ham and egg

Greek

Falafel and cous cous

Edamame bean and chicken

Coronation chicken and Indian grains

Daily specials

£4.50

## DRINKS

From £2.00

Coffee

Tea

Hot chocolate

Cans

12oz post mix

£2.50

## SWEET TREATS

From £2.00

Cakes

Doughnuts

Brownies

Cookies

## CHOCOLATE

From £1.35

## CRISPS

From £1.20

## CHILDREN'S MEAL DEAL

£4.50

5 Items from our selection

Single Items £1 each