

Breakfast

Served until 11 am

BIG DEEP BREAKFAST

2 sausages, 2 bacon, 2 eggs, 2 hash browns, mushrooms, beans, tomato & toast

Allergens: Milk, egg, wheat, gluten

£9.95

MAKE YOUR OWN

Choose 5 items from our servery and add a slice of toast

Allergens: Please ask the server

£6.95

THE DEEP PLANT BASED BREAKFAST

2 sausages, 2 bacon, 2 hash browns, mushrooms, beans, tomato & toast

Allergens: Wheat, gluten, soya

£9.95

THE DEEP BREAKFAST SANDWICH

1 sausage, 2 bacon, 1 egg, 2 hash browns

Allergens: Milk, egg, wheat, gluten

£5.50

EXTRA ITEMS

£1.50

THE PANCAKE STACK

Pancakes topped with banana & chocolate sauce

Allergens: Milk, egg, soya, wheat, gluten

£4.95

THE WAFFLE STACK

Waffles topped with banana & chocolate sauce

Allergens: Milk, egg, soya, wheat, gluten

£4.95

SIMPLY PANCAKES

Pancakes topped with a choice of sauce

Allergens: Milk, egg, soya, wheat, gluten

£4.50

SIMPLY WAFFLES

2 waffles topped with a choice of sauce

Allergens: Milk, egg, soya, wheat, gluten

£4.50

BREAKFAST SANDWICH

Choose from:

Bacon

Sausage

Double egg

Plant based sausage

Plant based bacon

£3.95

The
Plaice

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. Please ask a member of our Crew for full ingredients list for all food made in house. We reserve the right to substitute products due to quality and supply issues. Our fryers also cook foods containing Fish/Gluten/Dairy/Egg. If you have any allergies or intolerances, questions/concerns or require our allergen information, please let a member of our Crew know before ordering.

THE DEEP
For conservation, not profit.

Hot Food

Served until 3pm

THE DEEP FISH SHOP

Cod Fishcake, fish goujons, chips, mushy peas, bread and butter

Allergens: Fish, wheat, /gluten

£12.95

HOMEMADE PIE OF THE DAY

Served with seasonal vegetables and potatoes or chips

Allergens: gluten/wheat, Barley

£12.95

HOMEMADE PORK AND BEEF LASAGNE

Served with house salad and garlic bread

Allergens: Milk, wheat, gluten

£12.95

CHEFS CURRY OF THE DAY

Served with rice or chips and garlic naan bread

Allergens: Wheat, gluten, milk, soya, mustard

£12.95

PLANT BASED CHILLI CON CARNE

Served with rice or chips and garlic bread

Allergens: Wheat, gluten

£12.95

PLANT BASED CURRY OF THE DAY

Served with rice or chips and garlic naan bread

Allergens: Wheat, gluten

£12.95

KIDS MEALS

CHICKEN NUGGETS

Served with chips and beans

Allergens: Nil

£5.50

FISH GOUJONS

Served with chips and beans

Allergens: fish, wheat/gluten

£5.50

MAC AND CHEESE

Served with garlic bread

Allergens: Wheat, gluten, milk

£5.50

JACKET POTATO

With cheese, beans or coleslaw

Allergens: Ask for specific allergens

£5.50

SAUSAGE

Served with chips and beans

Allergens: Wheat, sulphites

£5.50

Hot Food

Served until 3pm

JACKET POTATOES

Served with side salad and coleslaw
Allergens: Milk, egg

£4.95

Extra toppings:

BAKED BEANS *Allergens: Nil*

All £1.50

CHEESE *Allergens: Milk*

COLESLAW *Allergens: Egg*

PLANT BASED MOZZERELLA *Allergens: Soya*

CURRY *Allergens: Milk, wheat, mustard, soya*

All £2.50

BBQ PULLED PORK *Allergens: Wheat, gluten, sulphites*

PLANT BASED CHILLI *Allergens: Soya*

PLANT BASED CURRY *Allergens: Wheat*

HOT SANDWICHES

£10.95

Served in ciabatta bread with chips and side salad

Choose from:

BBQ PULLED PORK *Allergens: Wheat, gluten, mustard*

SOUTHERN FRIED CHICKEN *Allergens: Wheat, gluten*

SAUSAGE & CARAMELISED RED ONION

Allergens: Sulphites, wheat, gluten

PLANT BASED MEATBALLS *Allergens: Wheat, gluten*

LIGHT BITES AND SIDES

SOUP OF THE DAY Served with crusty roll and butter

£4.50

Allergens: Ask for specific allergens

CHIP BUTTY Served in a crust roll

£3.75

Allergens: Wheat, gluten, milk

PORTION OF CHIPS

£2.95

Allergens: Nil

GARLIC BREAD

£2.00

Allergens: Wheat, gluten

ONION RINGS

£2.50

Allergens: Wheat, gluten (cooked in oil that may contain fish, egg and milk)

Cold Bites

CHILLED SANDWICHES

See individual packaging for **prices** and **allergens**

Smoked Cheese, Apple and Ale Chutney

Egg and Spinach

Cajun Chicken

Pastrami, Mozzarella and Mustard

Turkey, cranberry and sage and onion stuffing

Ploughman's

Mozzarella, Pesto and Tomato

Plant based sandwiches

From £3.00

SALADS

See individual packaging for **allergens**

Ham and egg | Greek | Falafel and cous cous

Edamame bean and chicken | Coronation chicken and

Indian grains | Daily specials

£4.95

DRINKS

From £2.25

Coffee

Tea

Hot chocolate

Cans

16^{oz} post mix

£2.75

SWEET TREATS

From £2.95

Cakes

Doughnuts

Brownies

Cookies

CHOCOLATE

From £1.45

CRISPS

From £1.20

CHILDREN'S MEAL DEAL

£5.50

5 Items from our selection

Single Items **£1.25 each**